


Resources

Call **911** 
in the case of an emergency

Crisis

1.866.223.1111 

Minnesota Day One Crisis Hotline

Access free, confidential help from an advocate 24 hours a day. Call for information about domestic violence, sexual violence, and human trafficking—or if you just want to talk.

Employment

resource-mn.org
612.752.8444 

RESOURCE Women in Transition Services

A results-oriented career center that offers supportive workshop sessions that are open to all women regardless of work experience, education or income levels. Contact Debbie.

Filing a Complaint in Minneapolis

www.dli.mn.gov
651.284.5070 

Labor rights violations

Contact the Minnesota Department of Labor and Industry, listed above, to report issues or ask questions related to employee rights.

minneapolismn.gov
Call Minneapolis **311** 

Workplace health and safety

These can be filed online or by calling 311. Complainant information is confidential and voluntary.

Discrimination

Information related to complainants is kept confidential and will not be released to the public.

Against police misconduct

Complete a complaint form found online, Minneapolis City Hall or your local precinct and submit it electronically or by mail.

Health & Wellness

nbhs.org
612.543.2500 

Northpointe Behavioral Health Services

Obtain counseling as well as psychiatric care for individuals, couples and families.

reddoorclinic.org
612.543.5555 

Red Door Clinic

Sexual health for everyone. Confidential testing and treatment in a safe, caring, setting.

Human trafficking & sexual exploitation

**traffickingresourcecenter.org/
888.373.7888** 📞

National Human Trafficking Resource Center

Call to report a tip, connect with anti-trafficking services in your area, or to request training and technical assistance, general information or specific anti-trafficking resources on this 24 hour hotline.

**Thefamilypartnership.org
612.728.2062** 📞

PRIDE (Prostitution to Independence, Dignity & Equality)

PRIDE provides supportive services for people of all genders engaged in sex trading. They provide 24/7 crisis hotline, case management, support groups, and an African American Women's chemical health group.

**Breakingfree.net
651.645.6557** 📞

Breaking Free

Breaking Free provides housing and other services to women and girls experiencing commercial sexual exploitation and prostitution who are interested in leaving the trade.

Legal

lawhelpmn.org

Find free legal information, lawyers, legal forms and court forms.

**Crimeandjustice.org
612-340-5400** 📞

Council on Crime and Justice
24/7 hotline for victims of crime

**Tubman.org
612.870.2424** 📞

Tubman's Legal Services

Pro-bono (free) legal services related to domestic violence, sexual assault, divorce, and child custody.

Sex workers' rights

**swopusa.org
877.776.2004** 📞

Sex Workers Outreach Project

SWOP-USA is a national social justice network dedicated to the fundamental human rights of sex workers and their communities, focusing on ending violence and stigma through education and advocacy.

To reach the Minneapolis Chapter Coordinator:
swop.welcome@gmail.com

Culturally specific

**casadeesperanza.org
651.772.1611** 📞

Casa De Esperanza

Casa de Esperanza provides housing, advocacy, services related to domestic violence. They offer a 24 hour multilingual crisis line. Una linea de 24 horas para todas en crisis.

**awum.org
612.724.8823** 📞

Asian Women United of Minnesota

AWUM offers a 24 hour, multilingual crisis line to connect women to local shelter, legal and financial advocacy, and employment assistance.

**miwrc.org
612.728.2000** 📞

Minnesota Indian Women's Resource Center

Housing resources, mental health care, and other healing services in Minneapolis, created for Native women. MIWRC also offers programming for Two-Spirited and LGBTQ individuals.

**outfront.org/resources
800.800.0350** 📞

Outfront Minnesota

Outfront MN delivers programs and services to Minnesota's LGBTQ and allied communities. This page links to multiple other LGBTQ resources.