

# UROC | Urban Research and Outreach-Engagement Center

## TRP | The Trauma Recovery Project

## Thursday, March 20

# UROC Trauma Recovery Project—Happenings

The University of Minnesota Urban Research and Outreach-Engagement Center's (UROC) Trauma Recovery Project (TRP) is a community-driven partnership that aims to build thriving communities by reducing and preventing childhood trauma.

Building on the strength of community expertise and University scholarship in the area of healing and historical trauma, UROC is hosting workgroup sessions of residents and community stakeholders, health and wellness practitioners, University researchers and representatives from the faith and educational community to identify trauma-related issues of importance to the North Minneapolis community.

Here's an update on four of the project's workgroups:

## · Behavioral Health Practitioners Workgroup

TRP's Behavioral Health Practitioners Workgroup is being led by Northpoint Health and Wellness CEO Stella Whitney-West and Behavior Health Director Deidre Golden. The work group's initial convening meeting is scheduled for March 27.

#### Culture, Families, and Learning

Elder Atum Azzahir, executive director and elder consultant in African ways of knowing for Minneapolis-based Cultural Wellness Center, has joined the TRP as facilitator of its Culture, Families and Learning Workgroup. Elder Atum brings a cultural wellness approach to community dialogues, community healing, and community knowledge production. She formally received permission to facilitate from key North Minneapolis elders and will play a critical role in connecting with elders and families in the community.

### Faith Leaders

TRP's Faith Leaders Workgroup, co-led by Kwanzaa Community Church Pastor Alika Galloway and Shiloh Temple International Ministries Bishop Richard Howell, has given two workshops for pastors and lay ministers that defined trauma and faith development for children. Workgroup leads include Gloria Roach Thomas, pastor of Camphor Memorial United Methodist Church; Arlene Walker, licensed alcohol and drug counselor; and Darrell Gillespie, pastor of Proverbs Christian Fellowship.

### University Researchers

TRP's University Researchers Workgroup includes University of Minnesota Institute of Child Development Professors Stephanie Carlson and Megan Gunnar; Organizational Leadership, Policy and Development Associate Professor Michael Goh; Family Social Science Associate Professor Abigail Gewirtz; and Children, Youth and Family Consortium Director Catherine Jordan. The group recently met to discuss process and identify project-related tools and resources. As part of the Trauma Recovery Project, UROC and KFAI Radio will present a special Critical Conversation on The Art for Healing: The Role of Creativity in Trauma Recovery at 6:30 p.m., Thursday, April 10. The event will be preceded by a public reception from 5:30 to 6:30 p.m. The discussion will include Minnesota-based artists and professionals--including a documentary filmmaker, a gallery curator and an art therapist. The event is presented as a special edition of KFAI's What's in the Mix Legacy Programming, a series of partnerships and community engagement forums made possible by a grant from the Minnesota Arts and Cultural Heritage Fund. The event is free, but <u>registration is requested</u>.

If you're interested in being a part of the TRP Workgroup process, contact <u>Wokie Freeman</u>, UROC assistant executive director, at 612-626-8953.

Urban Research and Outreach-Engagement Center University of Minnesota

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