

UROC | Urban Research and Outreach-Engagement Center

TRP | The Trauma Recovery Project

UROC Trauma Recovery Project—March 2015 Update

The University of Minnesota Urban Research and Outreach-Engagement Center's <u>Trauma Recovery Project</u> (TRP) is a a multi-partner, community-driven project that aims to build thriving communities by reducing and preventing childhood trauma. Here's an update on recent happenings and related opportunities:

- The TRP advanced to the final round of <u>Bush Foundation Community Innovation Grant</u> applicants.
 The grant supports community-based, problem-solving processes that lead to effective, equitable, and sustainable solutions to societal challenges. Winners are expected to be named in April.
- The TRP's first comprehensive progress report is due out in early summer. The report will feature
 documentation of the project outcomes, along with an analysis of themes about trauma and healing
 across the project's four stakeholder workgroups.
- Save the date: Tuesday, April 28—Children's Mental Health Research to Practice Training Series sponsored by the University's Children, Youth and Family Consortium and the Minnesota Association for Children's Mental Health. <u>Learn more</u>.
- TRP's Behavioral Health Practitioners Workgroup will host "Reflections on Self-Care and Healing: Clinical Perspectives on What Works" on Monday, March 30. The event is an opportunity for behavioral health practitioners and clinicians to share and reflect on the impact of trauma work on their clients and themselves. <u>Learn more.</u>
- TRP's Culture, Families and Learning Workgroup, meets weekly at UROC for a truth telling
 circle for people of African descent. The workgroup recently hosted "Truth Telling and Community
 Healing: Home is the Birthplace of Healing" during which residents shared personal stories of
 transformation and received a copy of the workgroup's new Truth Telling and Community Healing
 Study Guide. Contact the Cultural Wellness Center's Brother Harry Ford for more information.
- TRP's Faith Leaders Workgroup is hosting a series of Trauma Awareness Training Sessions for clergy, pastors, lay ministers and leaders for all faith groups within congregations in North Minneapolis. The goal of the training is to raise awareness of trauma and provide information about trauma and faith development of children through case studies, self-study and practical tools.
 Contact UROC's Hanna Mihalko at 612-626-8952 for more information or to schedule a session.
- TRP's University of Minnesota Researchers Workgroup has been holding monthly research
 presentations and discussions of what it takes to build and re-build trust with communities. The
 meetings are being documented as a resource for institutions about trauma-informed research.

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