

Supportive Services Guide

This guide and services inventory provides a brief snapshot of major services and programs available to sexually exploited youth in Hennepin County. This information is drawn directly from our interviews with systems professionals and youth. Youth access many services, and this guide and inventory are not intended to be an exhaustive list of every service accessed by youth.

SERVICE KEY:

 <p>Shelter Temporary bed space and connective services for youth who need a safe place to stay</p>	 <p>Case Management/Advocacy Services that include staff who work individually with youth on their goals, advocate for them through court process, housing and service navigation</p>	 <p>Support Group or Group-Based Programming Programming that uses a group-based delivery model</p>
 <p>Housing Any type of short-term housing, or housing with supportive services provided to youth</p>	 <p>Street or Community Outreach Services that include direct outreach to people living or spending time on the streets. May include providing hygiene or opioid overdose reversal kits and information about services</p>	 <p>Sexual Exploitation Prevention Programming that is tailored to increasing the protective factors for youth at-risk for commercial sexual exploitation</p>
 <p>Drop-In Center Services that include provision of basic needs for youth available on a drop-in basis</p>	 <p>Culturally-Specific Services Programming or services geared for and by specific cultural groups</p>	 <p>Chemical Dependency Services Out-patient, in-patient, or support groups for people dealing with chemical dependencies</p>
 <p>Crisis Line Phone or texting hotline available 24/7 for crisis resources</p>	 <p>Gender-Specific Services Programming or services tailored to and exclusive to youth of a particular gender identity (i.e. girls-only, or boys-only)</p>	 <p>Medical Services Physical health care provided by medical professionals</p>
 <p>Mental Health Services Therapy or counseling services provided by licensed mental health providers</p>	 <p>LGBTQ2IA-Specific Services Programming or services tailored to and exclusive to youth identifying as LGBTQ2IA</p>	 <p>Mentoring Programming that includes mentorship services</p>

180 Degrees *Brittany's Place & Hope House*

A Minnesota non-profit that offers a range of services to youth, adults, and families, including shelter for young people who have experienced sexual exploitation and/or trafficking.



Cornerstone *Youth-specific services*

Provides crisis response services including mental health services, support groups, and outreach for youth at risk of exploitation or trafficking.



Avenues for Youth

Youth-serving non-profit in Hennepin County that works with youth to provide shelter, housing, and support services.



Heartland Girls Ranch

Non-profit providing supportive services, housing, and equine assisted therapy to girls ages 12-21.



Catholic Charities *Hope Street*

Provides a wide range of services to alleviate poverty and prevent and end homelessness, including youth shelter, supportive housing, and school outreach.



Hennepin County

Local county human services including Child Welfare, Children's Mental Health, Child Protection Services, Red Door Clinic, Hennepin County Medical Center, and Community Corrections and Rehabilitation.



Hold Your Horses Minnesota

Non-profit that provides equine-facilitated psychotherapy for youth individually and through group programming.



Lutheran Social Services *Streetworks*

Statewide human services non-profit that includes social services, outreach, shelter, and housing for youth experiencing homelessness.



Midwest Children's Resource Center

Children's Minnesota's child advocacy center and clinic, providing comprehensive medical services in clinic and holistic community-based programming for youth of all genders who have been physically abused, sexual assaulted, sexually exploited, or who are at risk of sexual exploitation.



Minnesota Indian Women's Resource Center

Provides culturally-specific advocacy, services, and programming for women and youth who have experienced violence, sexual exploitation or trafficking.



The Bridge for Youth

Provides services for youth experiencing homelessness including shelter, housing, and support services. Manages the Youth Services Network (YSN) app.



The Family Partnership *PRIDE Program*

Provides community-based counseling, education, and advocacy work, and services specifically for victim/survivors of sexual exploitation and trafficking.



The Link

provides supportive services, outreach, housing, and shelter to youth and families to overcome the impacts of poverty and social injustice. The Link houses the Safe Harbor West Metro Regional Navigator, as well as shelter, housing and programming specifically designed for youth who have experienced sexual exploitation or trafficking.



YMCA Minneapolis

Offers community-based services, including a wide range of services for youth experiencing homelessness, systems involvement, and sexual exploitation and/or trafficking.



YouthLink

Connect youth experiencing homelessness and housing instability in the Twin Cities with community resources and supports.



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Supportive Services

	Shelter	Housing	Drop-In Center	Crisis Line	Mental Health Services	Case Management	Community Advocacy	Community Outreach	Culturally-Specific Services	Gender-Specific Services	LGBTQ2IA-Specific Services	Group-Based Programming	Sexual Exploitation Prevention	Chemical Dependency Services	Medical Services	Mentoring
180 Degrees <i>Brittany's Place and Hope House</i>	✓ <i>Ages 10-17</i>					✓				✓		✓				
Avenues for Youth	✓ <i>Ages 16-21</i>	✓ <i>Ages 16-21</i>				✓					✓					
Catholic Charities <i>Hope Street</i>	✓ <i>Ages 16-20</i>	✓ <i>Ages 16-24</i>				✓	✓ <i>Ages 16-24</i>									
Cornerstone <i>Youth-specific Services</i>	✓ <i>Ages 18+</i>			✓	✓	✓ <i>Up to age 24</i>						✓	✓			
Heartland Girls Ranch		✓			✓	✓				✓		✓				
Hennepin County					✓	✓ <i>Up to age 19</i>				✓ <i>Up to age 19</i>					✓	
Hold Your Horses Minnesota					✓					✓		✓				
Lutheran Social Services <i>Streetworks</i>	✓	✓				✓	✓ <i>Ages 13-24</i>						✓			
Midwest Children's Resource Center <i>Runaway Intervention Program</i>					✓	✓							✓		✓	
Minnesota Indian Women's Resource Center					✓	✓	✓	✓	✓	✓	✓	✓	✓			
The Bridge for Youth	✓					✓	✓				✓					
The Family Partnership <i>PRIDE Program</i>					✓	✓	✓			✓	✓	✓				✓
The Link	✓	✓	✓	✓	✓	✓	✓			✓		✓	✓			
YMCA Greater Twin Cities						✓				✓		✓ <i>Ages 13-24</i>	✓			✓
YouthLink			✓			✓				✓	✓	✓				

✓ Service provided at this organization



SEY-specific service – clients must self-identify or be identified as at-risk or having experienced sexual exploitation or trafficking