

CENTER FOR HEALTHY AGING & INNOVATION

Celebrating and Caring for Loved Ones with
Memory Loss During the Holidays

Helpful tips for African American caregivers, families, and clergy



THURSDAY, DECEMBER 16, 2021 | 3:00-4:30 p.m. | Zoom

Register online: bit.ly/Caregiving-During-Holidays



Speakers:

Gloria Coles & Monisha Richard, Community Health Workers, Volunteers of America, *Culturally Responsive Caregiver Support and Dementia Services*. Helpline: 952-945-4034

Amondo Dickerson, Phyllis Wheatley Community Center, *Minnesota Black Community COVID-19 Hotline*: 612-254-1145

Nancy E. Lee, Minnesota Department of Health-CHE, *COVID Community Coordinators (CCC), Systems Coord.*

Robbin Frazier, Center for Healthy Aging and Innovation, *UMN School of Public Health*

At this African American-focused event, you will hear from University of Minnesota & Minnesota Department of Health experts, cultural care providers, and community organizations with tips on how can celebrate the spirit of the holidays with dignity for loved ones with memory loss.

Join the discussion and receive information on how to host and enjoy family traditions in ways that are safe, healthy, and joyful.

Event Sponsors:

Center for Healthy Aging and Innovation; Robert J. Jones Urban Research and Outreach-Engagement Center; Volunteers of America; Phyllis Wheatley Community Center; MN Northstar Geriatrics Workforce Enhancement Program

Who Should Attend?

African American community members living with dementia and their caregivers, families and support systems. Anyone caring for a loved one with memory loss is welcome! The event is free and open to the public.

University of Minnesota is an equal opportunity educator and employer. This publication/material is available in alternative formats upon request. Direct requests to 612-624-6669.



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